Week 1

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 2

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 3

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 4

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 5

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 6

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 7

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 8

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 9

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														

Week 10

	Date	Start PPM											End PPM	Notes
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														